

Disaster Preparedness:

Be Ready!

Whether it's flooding, wildfires, tornados or terrorist attacks, disasters do happen. Although there's no way to prevent natural disasters, nor is there a way to accurately predict a terrorist event, the impact can be limited through preparedness. It's wise to make preparedness a part of your daily life. The following checklist will help you take necessary steps to protect yourself, your family and your neighbors in the event of a disaster—natural or man-made.

For more detailed information on disaster preparedness, see
www.fema.gov
www.redcross.org
or call us at 741-4615.

Establish a Plan of Action

- Make a list of important phone numbers, such as non-emergency numbers for the police and fire departments, FBI field office, and local emergency management office, and post it by your telephone.
- Make sure children know how to dial 9-1-1 or "0" in an emergency.



- Develop a communications plan for your family. Choose someone who does not live with you (preferably out-of-town) that you and other family members can contact to check on each other in the event that you are separated during a disaster. Carry the number in your wallet.
- Establish a meeting place for family members if home or neighborhood evacuation is necessary. Pick one place

near your home and one outside your neighborhood in case you can't return after a disaster.

Who Will Help?

- According to FEMA and the American Red Cross, you should plan to provide for yourself for 72 hours.
- Local and state agencies will do the best they can to bridge the gap, but the disaster may prevent help from even getting to you for days.

Emergency Supplies and Tools

Assemble an emergency preparedness kit that contains the following supplies:

- three- to five-day supply of water (one gallon per person per day)
- food that will not spoil and requires no cooking
- first-aid kit and necessary medicines
- battery-powered radio
- cell phone
- flashlight
- extra batteries
- personal hygiene items, such as toilet paper
- plastic garbage bags
- change of clothing and blankets for each person
- portable generator, if possible
- emergency cash: ATMs may not work



Educate Yourself and Your Family

- Take a basic course in CPR and first-aid.
- Learn how to turn off water, gas, and electricity for your home at the main switches.
- Learn about emergency plans for your children's school or day care center.
- Draw a floor plan of your home and mark two escape routes from each room. Practice your evacuation plan.
- Work with your Neighborhood Watch group or civic association to create a community disaster preparedness plan.

Contact Us

For more information on Disaster Preparedness, how to start a Neighborhood Watch in *your* neighborhood, and other Crime Prevention issues, contact the Pima County Sheriff's Department's Community Resources Team at (520) 741-4615. We'll be happy to send you educational materials and brochures, and discuss scheduling a safety presentation. Call today!



PIMA COUNTY SHERIFF'S DEPARTMENT

Clarence W. Dupnik
Sheriff of Pima County

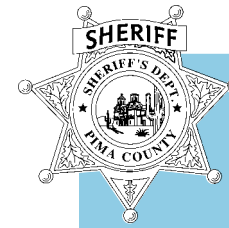
Community Resources Team
1750 E. Benson Highway
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(520) 741-4902 fax
www.pimasheriff.org



Crime Prevention Tips From
National Crime Prevention Council
1700 K Street, NW, Second Floor
Washington, DC 20006-3817
www.weprevent.org



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Pima County
Sheriff's Department

DISASTER PREPAREDNESS and YOU



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